

# Record Your CSA CE Volunteer Hours for Seniors

**Instructions:** Use this form as an easy way to track your volunteer time for seniors. Enter your name in the space provided, and record the information requested in each column after completing a volunteer task. Attach additional pages as needed, and keep it on file. (SCSA will conduct random audits of members' volunteer records to substantiate CSA CE volunteer hours reported.)

**Remember:** Look for opportunities that bring you in personal and direct contact with seniors. All volunteer work for seniors must be done through an organization. One hour of volunteer work for seniors earns 1 CSA CE credit. You may earn 16 CSA CE credits in volunteering for seniors every three years. Providing direct care for a senior relative or family member can be included as volunteer experience for up to half of the maximum credits - 4.5 credits.

**CSA's Name (print):** \_\_\_\_\_

Name of Organization	Individual Contact	Type of Volunteer Work	Date	Time
	Name:			
	Phone:			
	Name:			
	Phone:			
	Name:			
	Phone:			
	Name:			
	Phone:			
<b>Total Number of Hours</b>				